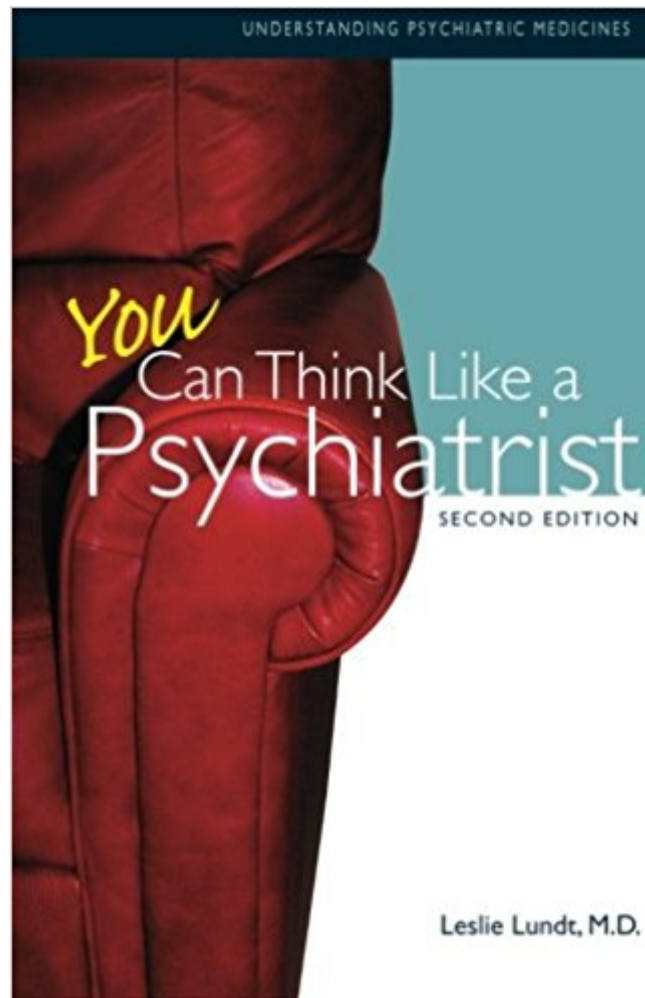




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You Can Think Like A Psychiatrist: Understanding Psychiatric Medicines



Synopsis

Now in its second edition, *You Can Think Like A Psychiatrist* was written for anyone interested in increasing their understanding of mental health disorders and their treatment. With over twenty years of experience treating patients and educating other doctors, author Leslie Lundt, M.D., has been able to translate the latest scientific knowledge into practical concepts and usable information. Dr. Lundt knows that the best outcomes result when patients communicate effectively with their doctor so that both patient and doctor can make more informed decisions. You - or someone you care about - may already be seeing a physician for help in dealing with problems arising from feelings and emotions or may just be considering the options. This book can help you each step of the way. Important points you will learn:

- * Basic concepts about how the brain works
- * Ways that drugs interact with the brain's chemistry
- * How some commonly used drugs work to help specific mental disorders
- * Other options, including non-drug treatments, that are available

Inside you will find the key perspectives involved in the medical treatment of the human mind. You will not find another book like this.

Book Information

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Customer Reviews

Leslie Pedersen Lundt, M.D., received her undergraduate degree from Johns Hopkins University and her medical degree from Rush Medical College. She trained in psychiatry at the California Pacific Medical Center in San Francisco where she was Chief Resident and had additional training

in addiction medicine at the Haight Ashbury Clinic. Dr. Lundt is board certified in psychiatry, addiction medicine and addiction psychiatry. Dr. Lundt has practiced psychiatry and addiction medicine for two decades. She has a private clinical practice in Boise, Idaho, where she treats children, adolescents and adults. In addition, she has conducted numerous clinical research trails as a primary investigator. Dr. Lundt serves as a consultant to the media and various pharmaceutical companies. She is an affiliate faculty member of Idaho State University.

Bought as a gift which was well received. The "reviews" aren't in yet. :)

so many people could benefit from this book - clients - therapists - doctors. I appreciate the information, the clarity and the patients are people too attitude of the book...

This was a wonderfully informative book with up-to-date information and insights. Very helpful especially for anyone working in the mental health field.

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